The Role of Organizational Support on Teleworkers' Psychological Strain a Case of Employees in Company X

THESIS

In Order To Fulfill The Requirement To Achieve a Degree (S1)

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Faculty of Business and Economics Universitas Atma Jaya Yogyakarta



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FACULTY OF BUSINESS AND ECONOMICS UNIVERSITAS ATMA JAYA YOGYAKARTA YOGYAKARTA,

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AUTHENTICITY ACKNOWLEDGEMENT

I with this declare that the undergraduate thesis with the following title:

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Case of Employees in Company X"

is my original and true piece of work.

I admit that this thesis does not contain other people's work, except for those that have

been cited. All secondary sources used in this research have been fully acknowledged

and referenced.

I certify that the content of this thesis has not been submitted previously, in whole or

in part, to qualify for any other academic institution and that the university and faculty's

ethics procedure and thesis writing guidelines have been followed carefully.

I am fully aware that any violation of the processes and rules have consequences.

Bryan Christian

Semarang, 26 March 2022

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The Role of Organizational Support on Teleworkers' Psychological Strain a Case of Employees in Company X

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ABSTRACT

The key purpose of this research is to investigate the effect of organizational social support and specific teleworker support towards psychological strain of teleworkers in an automotive company. The research type is empirical research that explains and take conclusion based on empirical evidence. Non-probability sampling specifically in purposive sampling used as a sampling method with 84 home-based teleworkers respondents. This study used SPSS as the main analysis tool to assess and calculate data.

The result shows that both organizational social support and teleworker support have significant inverse effect towards psychological strain of teleworkers. Therefore, it is crucial for the companies to provide the needed social and teleworker supports knowing that covid-19 situation has forced them to choose work from home as their main and alternative work arrangement. The results of this research could help the company that conducts home-based telecommuting to prepare and always consider of their employees' wellbeing knowing that teleworkers are prone to feel socially isolated.

Keyword: Organizational Social Support, Teleworkers, Social Isolation.

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