# THE IMPACT OF JOB STRESS DIMENSION ON EMPLOYEE PERFORMANCE (A STUDY OF COFFEE SHOP IN YOGYAKARTA)



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#### Letter of Statement

No. 501/J/I

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#### APPROVAL PAGE

# THE IMPACT OF JOB STRESS DIMENSION ON EMPLOYEE PERFORMANCE (A STUDY OF COFFEE SHOP IN YOGYAKARTA)

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#### **AUTHENTICITY ACKNOWLEDGEMENT**

I, Benedictus Kevin Ronggoseto, hereby declare that I compiled my undergraduate thesis with the following title:

# THE IMPACT OF JOB STRESS DIMENSION ON EMPLOYEE PERFORMANCE (A STUDY OF COFFEE SHOP IN YOGYAKARTA)

is my own thinking and writing. I fully know and understand that my writings do not contain other's part(s) of other's writing, except for those that have been cited and mentioned in the references.

Yogyakarta, Oct 14, 2021

Writer,

Benedictus Kevin Ronggoseto

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Finally, I realized that this thesis is still far from perfect because of knowledge limitation. Therefore, I, as the writer open to any kind of recommendation to improve this thesis. I hope that this thesis could be useful in several ways for everyone.

Yogyakarta, July 14, 2021

Writer,

Benedictus Kevin Ronggoseto



"It is part of my thesis that all our knowledge grows only through the correcting of our mistakes."

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#### **ABSTRACT**

The purpose of this research is to explore the impact of job stress dimension, that focus on workload, job security, and shift work, on employee performance in Couvee and Janji Jiwa coffee shop Yogyakarta. The data used is primary data. Primary data obtained through questionnaires which is distributed in Couvee and Janji Jiwa brances in Yogyakarta. The research sample is employees in Couvee and Janji Jiwa coffee shop. The type of research used in this research is descriptive research and multiple regression because this study aims to identify the relationship between variables and describe the results of the study.

The results of this research shows that workload has not has a significant influence to employee job performance and job security has not has a significant influence to employee job performance. Although, the research shows that shift work has significant positive influence to employee job performance. Moreover, based on F test the results show that workload, job security, and shiftwork relationship simultaneously have significant influence to employee job performance.

**Keyword:** Job stress, Workload, Job Security, Shift Work, Job performance.